

Safeguarding

Mental Health and Wellbeing

Curriculum Links at Christ Church



General	Curriculum Links			
	Early Years	KS1	Lower KS2	Upper KS2
Assemblies on: People need People Keeping Safe Anti-bullying Week Mental Health and Wellbeing Empathy Day/Week and Empathy in Action Month Online Safety Personal Safety – NSPCC Number Day Financial Literacy Days (x2) with HSBC British values Emotional Literacy Support Lead – MK – Weekly caseload	PSHE Nursery Rules Exercise Compromise Healthy Eating/Food Listening to Friends Brushing Teeth Washing Hands Reception <u>Key Headings</u> Managing self Building relationships Self-regulation <u>Coverage</u> E-safety Bullying Taking Turns Clean and Tidy	PSHE Mental Health Ourselves: growing and changing Keeping safe Managing hurtful relationships Safe relationships Respecting ourselves and others Media literacy and digital resilience Economic wellbeing Friendships Families Road and Sun safety Dental Hygiene	Mental Health Ourselves: growing and changing Keeping safe Managing hurtful relationships Safe relationships Respecting ourselves and others Media literacy and digital resilience Economic wellbeing Friendships Families: Close positive relationships Shared responsibilities	

Drama/Play Therapy with CEST – Weekly Celebration Assembly Pupil Leadership Positions CPOMs RSHE Curriculum – 3Dimensions DSL and Deputy DSL Posters around school NSPCC/Childline posters around school Bikeability sessions for Y5 and Y6 Firs-safety for Reception and Y4 Sports Day Healthy Tuck Shop Breakfast Club Lunchtime, in-school and after-school clubs	Littering Rules			
	Mental Health and Wellbeing			
	Nursery Compromise Considering other's feelings We are all different Talking about self	Y1 Anger Happiness Feelings Self-image and identity Comparisons Emotional safety	Y3 Self-image and identity Loss and separation Emotional and Mental Health Importance of sleep Y4 Self-worth Persistence and Resilience Feelings Health, Wellbeing and Lifestyle Self-image and identity Self-respect	Y5 Death and Grief Managing Conflict Self-Image and Identity Emotional and Mental Health Healthy Lifestyles Y6 Healthy Minds Mental Wellbeing Support and Care Health, Wellbeing and Lifestyle Self-image and Identity
	Science Nursery Body Parts Lifecycles Cooking Reception Me and my world Happy and Healthy	Science Human Body Growing and Cooking	Science Nutrition and Diet Living Things	Science Lifecycles Reproduction Drugs, Diet and Lifestyle
	Shared Reading Themes – Reception Being Fussy Overcoming Problems Overcoming Fear	Shared Reading Themes: Y1 Determination Overcoming Problems Loneliness and Friendship	Shared Reading Themes: Y3 Determination and Teamwork Overcoming Fears and Bravery	Shared Reading Themes: Y5 Courage Loyalty Hope and Survival

Trips and Visits Lead – LO – Risk Assessment Completed Paediatric Trained First aider First-aiders and Medical Needs Lead Pastoral Team meetings – ½ termly: Medical Needs Safeguarding Behaviour/SEND Mental Health and Wellbeing ELSA/Lunchtime Lead Inspire Workshops and Meet the Head		Shared Reading Themes: Y2 Loss Boasting and Friendship True Happiness	Responsibility and Friendship Shared Reading Themes: Y4 Freedom and Dignity How we treat people Bravery and Justice	Shared Reading Themes: Y6 Safety and Determination Survival Good v Evil
	Other: People who help us - Fire safety (Reception) Reception - Financial Literacy Workshops with support from HSBC x 1	Other: Y2 Anti-bullying workshop Financial Literacy Workshops with support from HSBC x 2	Other: Anti-bullying workshops Fire Safety Talks (Y4) Financial Literacy Workshops with support from HSBC x 2	Other: Puberty Talks Bikeability Fire Safety Talks (Y4) Anti-bullying workshops Financial Literacy Workshops with support from HSBC x 2